



## **Canada's Counsellors and Psychotherapists Honour Halifax School Counsellor With Leadership Award**

**Halifax, NS (22/07/2014)** The Canadian Counselling and Psychotherapy Association (CCPA) is proud to honour Halifax school counsellor, Dr. Janice Graham-Migel with the CCPA Counsellor Leadership Award at their awards ceremony held recently in Victoria, British Columbia.

The CCPA awards program acknowledges all of the unsung heroes and persons worthy of recognition in the counsellors and psychotherapists profession. CCPA commends all members far and wide who daily make a positive difference in the lives of people.

"The awards program recognizes and honours outstanding individuals in the counselling and psychotherapy profession," said Dr. Blythe Shepard (CCPA, President). "From students emerging into our profession to those who have been practitioners, supervisors, and mentors, CCPA offers its appreciation for their work in growing a strong foundation of caring and action."

This CCPA Counsellor Leadership Award honours excellence in provincial or national leadership by a CCPA member that encourages advancement of the profession.

Dr. Graham-Migel is a School Counsellor with the Halifax Regional School Board. She completed her PhD at the University of Toronto in 2008. The title of her doctoral thesis is, "Distributed Leadership in a Comprehensive Guidance and Counselling Program: Collaboration between Education and Health in the Context of School Reform." Janice served a two-year term as President of the School Counsellors Chapter for the Canadian Counselling and Psychotherapy Association. She is a previous recipient of another national award from CCPA: the Counsellor Practitioner Award (1999). As a former President of the School Counsellors Chapter, she is currently chairing the National School Counselling Committee and was instrumental in launching the first Canadian School Counselling Week. Janice holds an Adjunct Professor appointment at Acadia University in the School of Education where she teaches graduate courses part time.

The CCPA Awards, a program in effect for over 30 years are presented annually at their conference.

-30-

*The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit [www.ccpa-accp.ca](http://www.ccpa-accp.ca) or [www.talkingcanhelp.ca](http://www.talkingcanhelp.ca).*

**For further information, please contact:**

Emily Reid; Office: (613) 233-8906; Cell: (613) 796-4708  
[ccpa@impactcanada.com](mailto:ccpa@impactcanada.com)