



## **Canada's Counsellors and Psychotherapists Honour Ottawa University Professor With Counselling Book Award**

**Ottawa, ON (22/07/2014)** The Canadian Counselling and Psychotherapy Association (CCPA) is proud to honour registered psychologist and Ottawa University professor Dr. David Paré with the CCPA Counselling Book Award at their awards ceremony held recently in Victoria, British Columbia.

The CCPA awards program acknowledges all of the unsung heroes and persons worthy of recognition in the counsellors and psychotherapists profession. CCPA commends all members far and wide who daily make a positive difference in the lives of people and the advancement of the profession.

“The awards program recognizes and honours some outstanding individuals in the counselling and psychotherapy profession,” said Dr. Blythe Shepard (President, CCPA). “From students emerging into our profession to those who have been practitioners, supervisors, and mentors, CCPA offers its appreciation for their work in growing a strong foundation of caring and action.”

This CCPA Counselling Book Award honours outstanding book publications of CCPA members.

Dr. Paré is a registered psychologist and a full-time professor in the Faculty of Education at the University of Ottawa, where he teaches counselling and psychotherapy. He also maintains a private practice in individual, couple, and family therapy and is director of the Glebe Institute, A Centre for Constructive and Collaborative Practice, in Ottawa. Dr. Paré has a long-standing interest in collaborative approaches to counselling, and has edited two books on the topic. His recent sole-authored book *The Practice of Collaborative Counselling and Psychotherapy* won the Canadian Counselling and Psychotherapy Book Award for 2013.

The CCPA Awards, a program in effect for over 30 years are presented annually at their conference.

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*The Canadian Counselling and Psychotherapy Association (CCPA) is a national bilingual association providing professional counsellors and psychotherapists with access to exclusive educational programs, certification, professional development and direct contact with professional peers and specialty groups. CCPA promotes the profession and its contribution to the mental health and well-being of all Canadians. For more information on the counselling and psychotherapy profession, please visit [www.ccpa-accp.ca](http://www.ccpa-accp.ca) or [www.talkingcanhelp.ca](http://www.talkingcanhelp.ca).*

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