

Creative Arts in Counselling Chapter

This report covers the period of: November 2013 to March 2014

Submitted by: Amy Mackenzie

Chapter Officers:

Name	Function	Email	Telephone
Amy Mackenzie	President	amy.mackenzie@gmail.com	(902) 473-9391
Miriam Duff	Secretary/Board Liaison	mimgeo@shaw.ca artsarahpy@gmail.com	(204) 475-3984
Sarah Brodie	Director of Communications	sandragrew@gmail.com	(289) 828-6188
Sandra Grew	Social Networking Coordinator		(613) 297-2602
Erin Griffin	Treasurer	eringriffintherapy@gmail.com	
Andrea Savoie	Past-Treasurer	andrea.savoie@gmail.com	(416) 817-7709
Erin Kuri	Past-President	erin.kuri@gmail.com	(416) 624-5350

Membership:

262 members as of April 1, 2014

Past activities

The Executive is presently composed of Amy Mackenzie, Chapter President, Sarah Brodie, Director of Communications, Miriam Duff, Secretary and Board Liaison, Erin Griffin, Treasurer, Erin Kuri, Past President and Sandra Grew, in the role of 'Social Networking Coordinator' as part of the Communications committee. The creation and distribution of our annual CAC Newsletter, 'The Creative Arts Connection' was a major chapter project for this period. Our Director of Communications, Sarah Brodie, editor of the Newsletter put out a call for articles and resources pertaining to how on-line communities or websites enter into your practice as a CAC professional. While we did get some topical submissions, the newsletter also represented the variety and diversity of interests of the chapter. The newsletter included a letter from the Chapter President and a letter from the Editor, bios of the Executive members and provincial reps, a call for Nominations for the Executive committee for the upcoming term starting in 2015, information pertaining to this year's annual conference in Victoria, BC and our 2014 CAC AGM and chapter tables, some brilliant articles from our chapter members, lists of on-line CAC resources and related associations and finally, an invitation to participate in our Canada-wide 'Artist Trading Card' mail-out exchange. This project, coordinated by Sandra Grew is now well underway and our chapter members are being sent email reminders to encourage participation. This project will allow members (and hopefully CCPA members at large) from across the nation to connect, inspire and share their creative expressions with one another, facilitating contact, discussion and mutual enrichment. Other chapter activities in this period include the development of a CAC Facebook page, which can be found at <https://www.facebook.com/ccpacreativeartschapter>. We were also able to award another

bursary of \$300 to a lucky chapter member, to attend the annual CCPA conference in Victoria, BC. This was based on a draw of members who submitted to the Newsletter. We have also provided some funds to help support provincial reps in holding regional meetings of CAC members. Since the last chapter report in October, 2013, we have had five executive teleconference meetings and one annual CAC provincial representatives teleconference. Discussions have focused on networking initiatives, newsletter submissions, the artist trading card exchange project, regulation of psychotherapy across Canada, professional development opportunities and the upcoming annual conference in Victoria, BC.

The CAC executive continues to engage members in remaining connected with provincial representatives and other members through individual email communication, chapter-wide messages, on our on-line forum, and through our annual Spring Newsletter. We are committed to promoting growth in our chapter and to act as an advocate for our members. We continue to strive to give members a venue to connect, share ideas, and feel supported across the country.

Provincial Representatives

Position	Name	Email
British Columbia Provincial Rep.	Jennifer Marchand	jen.dawn.marchand@gmail.com
Alberta Provincial Rep.	Rachela Buonincontri	rlbuon@shaw.ca
Saskatchewan Provincial Rep.	Christine Ciona	cionac@yahoo.com
Manitoba Provincial Rep.	Darci Adam	express-yourself@shaw.ca
Ontario Provincial Rep.	Sandra Grew	sandragrew@gmail.com
Quebec Provincial Rep.	Tasreen Keshavjee	tasreentherapy@gmail.com
Yukon/Nunavut Rep.	Louise Hardy	louisehardy9@gmail.com
Atlantic Provinces Rep.	Peter Mutch	prmutch@catholicfamilyservice.ca

Chapter Finances

Budget: current balance as of March 13th, 2014 is \$2885.34

Planned Activities

The Creative Arts in Counselling chapter will be holding its 2014 AGM at the CCPA annual conference in Victoria, BC. The AGM will be held on-site at the Fairmont Empress Hotel, May

8, 2014 from 4:45-6pm. We are excited to be coordinating, on behalf of the CAC chapter, a special event in the 'Social/Recreational' segment of the conference programming. This includes a special tour of the Victoria Conservatory of Music, specifically the department of Music Therapy and will include 3 parts: exposure to the revolutionary new 'sound beam' technology that transforms subtle body movements into sounds of any instrument, a trip to the 'Multisensory room' and a tour of the Music therapy studios.

As mentioned, the Canada-wide Art Trading Card mail-out project is underway. Sandra Grew will be collecting these cards (deadline is March 31st but will likely be extended), with member contact info on the back and re-distributing them out to chapter members by mail. She will retain one out of four cards sent in to display at our upcoming AGM and chapter tables in May and will also scan and display them on our on-line pages. Other initiatives include increasing traffic to our CAC Facebook page, by encouraging members to share

CAC-related links pertaining to their own practices/events or other CAC news they find of interest. We will also try to encourage the sharing of images of creative endeavours of our members on this page in the banner section, eg: featuring a new member each month.

We are also considering implementing a series of themed teleconferences that our chapter members could attend and will be sending out a survey to the membership to ascertain interest in this as well as what topics would be most relevant, eg: private practice, continued education, materials and techniques, etc.

We will continue to have monthly on-going teleconferences with the executive and prospective members of the executive over the course of this year as well as a teleconference with provincial representatives in March.

Our on-going goals for this year will be:

To increase contact and dialogue among members -

- 1) By creating and sending out one annual printed newsletter
- 2) Updating our on-line forum and facebook page with related events, dialogue and discussion
- 3) Implement and facilitate a creative exchange among members of the chapter and CCPA at large through the Art Trading Card project.
- 4) Recruit and integrate new executive members and provincial representatives as needed for the ongoing term (2013-2015) and subsequent term.

To provide support to members to promote their practice -

- 1) Through contact with provincial representatives
- 2) Through our newsletter and on-line forum regarding ideas from chapter members
- 3) Providing financial subsidy to support meetings, organization of members, and access to professional development opportunities.

Other

The current President of the Creative Arts in Counselling Chapter, Amy Mackenzie teaches an introductory level course in Art Therapy at the Nova Scotia College of Art and Design and is involved in initiating and implementing Art Therapy research with the NS Early Psychosis program. The chapter's Secretary and CCPA Board Liason, Miriam Duff is involved in the regional development component of the CCPA Manitoba Chapter. Our Communications Director, Sarah Brodie, sits on the conference planning committee of the Ontario Art Therapy Association. The chapter's Treasurer, Erin Griffin, is also working towards the completion of her sandplay therapy training with the Canadian Association for Sandplay Therapy (CAST). The chapter's Social Networking Coordinator, Sandra Grew has been involved with the Canadian

Mental Health Association, in her two year art therapy practicum and attends the conferences of both the Canadian and American Art Therapy Associations. Erin Kuri, the Past President, also currently fills the position of Public Relations Chair of the Ontario Art Therapy Association. Our Manitoba Representative, Darci Adam, holds the position of President of the Artwell Network in Manitoba, a networking group for arts-based mental health care practitioners. She is also coordinating a new Creative Arts Therapy Intensive program in Manitoba.