

Darci Adam, MA, MEd, RCAT, CCC – Director



Darci Adam, founder of the WHEAT Institute, is a certified and registered art therapist. She has worked in public education as both a teacher and a school counsellor at all levels, from elementary to post-secondary. She is a sessional instructor at the University of Winnipeg and a practicum supervisor in Educational Psychology at the University of Manitoba. Sharing the powerful healing potential of the arts on the Canadian plains is a dream come true.

Candace Froebe, MA – Registrar



Candace Froebe is a folklorist, creative writer, artist and certified yoga instructor. She leads classes in myth-making, yoga and free movement at the Dragon Arts Collective in downtown Winnipeg and at other local venues. She is the owner and founder of Red Fox, Black Bear: Healing Through Yoga and Story.

Kate Donohue, Ph.D., REAT – International Faculty



One of the Grandmothers of expressive arts, Kate Donohue is a licensed psychologist, registered expressive arts therapist, and teacher at California Institute of Integral Studies, Institute for Transpersonal Psychology, JFK University and the San Francisco C. J. Jung Institute. Kate is a cofounder of the International Expressive Arts Therapy Association. Passionate about the arts she has spent 18 years studying indigenous and ethnic dance forms, in particular West African and Afro-Cuban Dance.

Through creative self expression, harmonizing with nature, and celebration of our cultural origins, WHEAT Institute fosters physical, mental, emotional and spiritual well-being through a culturally conscious social justice lens.



MASTER THE HEALING POWER OF THE ARTS IN A BEAUTIFUL, TRANQUIL URBAN WILDERNESS

WHEAT Institute is located at the St. Norbert Arts Centre, historic spiritual site of both a Trappist Monastery and Indigenous Ceremonial grounds

Mailing Address:

P.O. Box 14 | St. Norbert | Winnipeg, MB | R3V 1L5

Telephone: 204.293.3869 Fax: 204.809.4746

Email: wheatinstitute@gmail.com



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WINNIPEG HOLISTIC EXPRESSIVE ARTS THERAPY INSTITUTE

INTENSIVE CREATIVE ARTS THERAPY CERTIFICATE PROGRAM

2014~2015 tools for using the arts in therapy, school counselling and community development

“The world of reality has its limits; the world of imagination is boundless.”

~ Jean Jaques Rousseau

ADVANCED INTENSIVE CREATIVE ARTS THERAPY CERTIFICATE PROGRAM 2014~2015

An experiential exploration of the therapeutic use of the arts. This program is valuable to anyone wishing to integrate the arts into their personal or professional practice, including therapists, healers, coaches, educators and artists. Instructors will be dynamic experts in each area. Website under construction at www.wheatinstitute.com.

The Advanced ICAT Program includes the following five 2-day workshops along with two 3-day workshops with Kate Donohue. Courses run Saturdays and Sundays 10-4; Group Supervision with Darci Adam 4-6.

EAT with Children and Adolescents Dec 6-7

Candace Froebe, MA Folklore; Certified Yoga Instructor
Yoga and Storytelling: Discover the Storyteller Within
Darci Adam, MA, MEd, RCAT, CCC, REAT
Blooming like a Flower: Honouring and Protecting Inner Essence

Art as Spiritual Practice Jan 17-18

Tanja Woloshen, MFA Performance Studies; Dance Artist / Movement Specialist
Being Butoh Body: Movement, Poetry, Ecology from Contemporary Japanese Dance
Marg Janick-Grayston, MDiv; Certified Expressive Arts Consultant/Educator; Spiritual Mentor
A Breathtaking Path to Whole Hearted Living

Exploring Indigenous Knowledge through Art Mar 21-22

Leah Fontaine, MA Native Studies; Dakota Anishinaabe Metis Artist; Program Manager ACI Manitoba
David Boulanger, Frontman Burnt Project 1; Anishinaabe Cultural and Spiritual Teacher

Symbols in Theatre and Storytelling Apr 25-26

Mia van Leeuwen, MFA Theatre; Artistic Director of out of line theatre co-op
Object Theatre

Self Care through the Arts May 23-24

Christine Ciona, MA Creative Arts Therapy, CCC;
Joy Guru, Abundant Living Guide, Drama Therapist
Soul Jam Collective: Meaning, Movement, Mantras, Meditation

“Weaving art processes into clinical and counseling work greatly expands the capacity to articulate—with fullness and specificity—what lies buried within us, by using each modality as it is called for in the unfolding process. As both therapist and client work with these healing multi-arts processes, the creative spirit is aroused and the therapeutic process itself is experienced as art.”

~ Kate Donohue

Courses offered through the Advanced Intensive Creative Arts Therapy Certificate program combined with a supervised practicum can be used towards registration with the International Expressive Arts Therapy Association (IEATA). If you are interested to learn more about becoming either a Registered Expressive Arts Consultant/Educator or a Registered Expressive Arts Therapist please contact us.

For more information about professional registration please visit www.ieata.org.

COSTS:

(includes five 2-day courses with local experts as well as two 3-day workshops with master teacher Kate Donohue):

\$100 non-refundable deposit;

\$1400 payable September 30, 2014;

\$1365 payable January 1, 2014

Individual 2-day courses: \$375

Individual 3-day course with Kate: \$495

REGISTRATION:

To register for the Advanced Intensive Creative Arts in Therapy Certificate program or for any individual workshop please contact Darci or Candace at wheatinstitute@gmail.com.

A completed application form, written statement and \$100 CAD application fee will be required.

TWO 3-DAY WORKSHOPS WITH KATE DONOHUE

Dream Weaver: A Jungian Approach to Symbol and Expressive Arts Therapy November 7-9 | 2014

A kinship naturally exists between expressive arts therapy and Jungian Psychology. Both are image-based approaches to understanding and healing the psyche and each emphasizes the symbolic process in its own unique fashion. This course weaves together the theory and practice of both these approaches into a Jungian-oriented expressive arts healing tapestry of images, emotions, understanding and transformation. The class explores the basic concepts of Jungian psychology and compares and contrasts them to expressive arts theory.

Urban Shaman: Exploring the Indigenous Roots of Expressive Arts Therapy February 20-22 | 2015

Through honoring indigenous roots, expressive arts therapy strives to bring the healing power of the arts back into therapy education, consultation and social justice work. In this course, we will explore the roots of expressive arts therapy by researching and experiencing cultural arts-based rituals and discovering how they could be used for modern-day healing.