



CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION

L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

The Canadian Counselling and Psychotherapy Association At Work for You!

Have you ever wondered what type of work we do behind the scenes in order to offer the most to our membership and ensure things run smoothly for our members?

From advocating with MPs to designing a brand new website, we have been busy in the last year!

[Read on to find out more!](#)

In addition to [CCPA's regular activities](#), here are some of the special initiatives that CCPA has undertaken in the past year for its members:

- Launched a [new website](#) and [member portal](#) in order to improve our technology, our online presence and ease of access to information.
- Advanced advocacy efforts through [regular lobbying](#) addressing issues such as the mental health needs of Indigenous peoples, military, veterans and their veteran families.
- Issued [press releases](#) recognizing and supporting a variety of national and international special days and weeks which often resulted in media interviews.
- Advocated for counsellors and psychotherapists on provincial and national levels regarding issues such as third-party insurance coverage and HST.
- Worked with national partners in advancing mental health and wellness including :
 - [Health Action Lobby \(HEAL\)](#)
 - [Canadian Alliance on Mental Illness and Mental Health \(CAMIMH\)](#)
 - [Canadian Council for Career Development \(CCCD\)](#)
- Revamped [COGNICA](#), our quarterly newsletter, to make it more appealing and enjoyable to read. We now offer an interactive, PDF as well as printable version of this newsletter.
- Delivered clinical supervision workshop at the introductory and intermediate levels.
- Continued to annually sponsor a graduate level course in clinical supervision.
- Collaborated with provincial associations in the field of counselling and psychotherapy and like-minded organizations to work toward regulation of the profession.
- Launched a new special-interest [Chapter on technology](#).
- Published and disseminated to provincial and federal decision-makers an Issues Paper on the urgent need for counselling services.
- Updated our [Standards of Practice](#) to reflect advances in the field such as online counselling.
- Published a new [Ethics Casebook](#).
- Launched a new legal advice service to offer certified members 24/7 access to experts in the field.
- Offered a broad range of [webinars](#) on counselling and psychotherapy topics.
- Increased the number of [CECs](#) accepted for a graduate-level course to 36.
- Created new [Awards](#) to recognize the significant contributions of our members.