

Frequently Asked Questions

From a webinar presented on September 25th, 2013 by Joyce Rowlands, Registrar of the CRPO called *Grandparenting of Psychotherapists in Ontario – an Update on Regulation*. The answers below are based on publicly available information as of that date.

Question	Response
Association Related	
1. What will the exam entail for individuals with foreign credentials who have only been allowed professional rather than certified membership in CCPA?	Permission to write the registration examination is given by CRPO. There is no connection between certification with CCPA and the examination.
2. Will CCPA be compiling/supplying information to support the portfolio evidence? i.e. professional development history, education program completed etc.	You may request any documents that CCPA has on file for you. A transcript of your continuing education credits can be requested at no cost to CCPA members.
3. Will we have to provide proof of requirements that were already accepted for CCPA certification or is what is already on file sufficient?	All applicants to the CRPO must apply individually. There will be no special consideration given to any member of any association in Ontario who has a credential given by that association or who has membership in a particular association. However, your CCC application and supporting documents may contain evidence that you require to support your application. You may call CCPA to obtain your documents.
4. How do those with the C.C.C. designation (given by CCPA) expect to line up with Grandparenting requirements?	CCPA will be developing documentation to assist in comparing CCC requirements to Grandparenting requirements.
5. Are there steps that individuals who are certified with CCPA do not need to carry out? Will everyone who applies for grandfathering have to submit the same level of detailed information?	All applicants to the CRPO must apply individually. There will be no special consideration given to any member of any association in Ontario who has a credential given by that association or who has membership in a particular association. However, your CCC application and supporting documents may contain evidence that you require to support your application. You may call CCPA to obtain your documents.
Insurance	
6. Regarding the proof of professional liability insurance, is it for: (1) the last three years, (2) this current 2013 year, (3) for the 2014 year ahead, or (4) all the above?	The insurance requirements are listed in by-law 20.01. They are as follows: 20.01 – Requirement to Carry Insurance (1) A Member, other than an Inactive Member who has purchased any run-off coverage (sometimes called enduring or tail coverage) contemplated by these by-laws, must carry professional liability insurance with the following

characteristics:

- (i) a minimum of no less than \$1,000,000 per occurrence;
- (ii) annual aggregate coverage of no less than \$5,000,000;
- (iii) a deductible of no more than \$4,000 per occurrence;
- (iv) run-off coverage (sometimes called enduring or tail coverage) for a minimum of two (2) years;
- (v) provided by an insurer licensed with the Financial Services Commission of Ontario or the office of the Superintendent of Financial Institutions Canada; and
- (vi) a sexual abuse therapy and counselling fund endorsement that,
 - a. provides coverage for therapy and counselling for every person eligible for funding under subsection 85.7(4) of the Code; and
 - b. provides coverage, in respect of each such eligible person, for the maximum amount of funding that may be provided for the person under the RHPA, for therapy and counselling as a result of sexual abuse by the Member.

You should check with your insurance provider regarding your policy.

An applicant must provide evidence of current liability insurance upon application OR undertake to provide that evidence within 30 days of being registered that is effective from the registration date. Members must then always maintain the required liability insurance and will be asked to confirm coverage each year upon annual renewal of membership.

Jurisprudence Module

7. If I do the jurisprudence e-module now, is there any chance it will have changed by the time it is all completely accepted?

The Jurisprudence Module was approved by the Transitional Council. Applicants to the College are encouraged to complete the module now. Changes are not expected.

Except.... The College is expected to change the window for completing the module. It was three years and will likely be reduced to two years prior to application. Those who have already completed it or will complete it by a certain date, will be 'grandparented' using the previous 3-year window. Details are being finalized.

8. In the Jurisprudence manual p.46 "RPs are not permitted to perform acupuncture under the Psychotherapy Act or by exemption. In the current addiction treatment system, many counselors will be RP. However, five point acupuncture on both ears, following the protocol of

This question points out an area that may require some additional clarification by the College. As you probably know, the Transitional Council are currently seeking feedback on our draft Professional Practice Standards, which also refer to the restriction on members only performing the CA of psychotherapy. Here is the actual wording:

<p>the National Acupuncture Detoxification Association, are widely used in the addiction treatment system - for clients to reduce withdrawal symptoms and to promote mental well-being. Can someone who is registered as an RP and working as an addictions counsellor continue to do Acudetox to clients in an addiction treatment setting?</p>	<p>STANDARD: Controlled Acts</p> <p>Of the 14 acts identified in the <i>RHPA</i>, Members restrict themselves to performing only the controlled act of psychotherapy, unless otherwise authorized.</p> <p>As your member has correctly noted, many addiction counsellors use auricular acupuncture to treat clients. Persons working in a health facility who provide acupuncture are exempted under section 8(5) of the Controlled Acts Regulation of the Regulated Health Professions Act: http://www.canlii.org/en/on/laws/regu/o-reg-107-96/latest/o-reg-107-96.html</p> <p>You may wish to submit feedback on this matter. A feedback form is posted on the home page at www.crpo.ca.</p>
<p>9. Can you tell us what to expect in the Jurisprudence module? Do we study for it in advance? Where can I find details on this? What types of questions are covered?</p>	<p>The jurisprudence (JRP) module is a learning program designed for adult learners. It presents information about Ontario law that regulated health professionals need to know in order to practise safely and ethically. The module is divided into 16 ‘lessons’ which can be completed in random order and at different times. Total time to complete the program is approximately four to six hours or possibly longer. Each lesson covers a different topic, with question sets appearing at intervals throughout. Information is presented visually on screen and by voiceover (narrator).</p> <p>The module can be completed in stages – over several days, weeks or even months. All submitted answers will be saved in the system, and you will be able to resume work on the module at your convenience. Failed question sets can be retried as many times as necessary to successfully completed them. A lock-out period of one hour follows a failed question set, to allow the applicant to review relevant learning material.</p> <p>Successful completion of the JRP e-Learning Module will be required for registration with the College, and normally is completed prior to submitting an application for registration.</p> <p>Before starting the module, prospective members are advised to read the online document, <i>Professional Practice and Jurisprudence for Registered Psychotherapists</i> – it provides all the background information required. For those who read the document first, the module will serve mainly as a review of the material.</p>

Safe and Effective Use of Self

10. How do we prove Safe and effective use of Self education?

Psychotherapeutic traditions and practices related to the development of a psychotherapist's safe and effective use of self in the therapeutic relationship are diverse. Some applicants will have developed this competency while engaging in their own personal psychotherapy. It would be useful if you kept proof of personal psychotherapy sessions in your portfolio.

Others will have taken courses that address use of self; these may include, for example, personal family history and dynamics, anti-oppression and diversity, power dynamics, relational boundaries, experiential practice as client, or interpersonal relationship development. These topics may have been part of courses you took while you received formal training. Putting a description of the course in your portfolio would be useful.

You may also have taken workshops related to this topic. Proof of attendance and a workshop description should be kept in your portfolio.

Others may have engaged in a guided and reflective Indigenous practice, such as the four directional way.

For many practitioners, this competency is also addressed in a particular form of clinical supervision. Records of supervision hours would be useful for your portfolio.

11. Would acquiring counselling for one's self be included under the section "Use of Self ?" If not, what other activities would be included within this section?

The safe and effective use of self in the psychotherapeutic relationship speaks to one of the defining competencies of practising psychotherapy: the therapist's learned capacity to understand her or his own subjective context and patterns of interaction as they inform her or his participation in the therapeutic relationship with the client.

It also speaks to the therapist's self-reflective use of her or his personality, insights, perceptions, and judgements in order to optimize interactions with clients in the therapeutic process.

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Some applicants will have developed this competency while engaging in their own **personal psychotherapy**. Others will have taken courses that address use of self; these may include, for example, personal family history and dynamics, anti-oppression and diversity, power dynamics, relational

	<p>boundaries, experiential practice as client, or interpersonal relationship development. Others may have engaged in a guided and reflective Indigenous practice, such as the four directional way. For many practitioners, this competency is also addressed in a particular form of clinical supervision.</p>
<p>12. Is clinical supervision allowed to count re "safe and effective use of self"?</p>	<p>Yes. In this regulation the phrase “clinical supervision” means a contractual relationship in which a clinical supervisor engages with a supervisee to safeguard the welfare of the client; discuss the direction of therapy and the therapeutic relationship; promote the professional growth of the supervisee; and enhance the supervisee’s safe and effective use of self in the therapeutic relationship.</p>
<p>Portfolio</p>	
<p>13. What constitutes "portfolio evidence"?</p>	<p>An online application form, and additional materials/resources for applicants, are being created to facilitate applications for grandparenting. Keep checking the CRPO website for these materials.</p> <p>The chart at the following link http://www.crpo.ca/wp-content/uploads/2013/07/Scoring-of-Portfolio-Evidence-for-Grandparenting-June-28-2013.pdf outlines the portfolio evidence required. Evidence is shown in a variety of ways. In some cases a declaration is made. In other cases the practitioner is expected to have material evidence (University degree, transcript).</p> <p>Applicants for grandparenting must complete the application form. Further information, including other records or documentation (e.g. diplomas/ degrees/ certificates, transcripts, appointment books, advertising materials) that supports the application may be requested by the College.</p> <p>To ensure that the College is meeting its statutory obligations, the College will establish a process to randomly select a percentage of applications to verify the information submitted.</p> <p>Therefore, all applicants are strongly encouraged to maintain an organized and accessible portfolio of information that supports the evidence and claims made in their applications.</p>
<p>14. An MSc. in mental health counselling that is considered as being a 60 hour program and has 1000 hours internship would be granted how many points?</p>	<p>The scoring template is located at this link. http://www.crpo.ca/wp-content/uploads/2013/09/Scoring-of-Portfolio-Evidence-for-Grandparenting-Sept-513.pdf</p>

	<p>Hours falling between the minimum required and the maximum countable will be scored using a linear algorithm; total score will be adjusted to the nearest whole number.</p> <p>The minimum required hours = the minimum points scored (e.g. a minimum of 100 hours of psychotherapy-related education and training is required to earn the minimum 10 points).</p> <p>The maximum countable hours = the maximum points scored (e.g. an applicant who has 10,000 hours of direct client contact will score 25 points, the same as someone with 3200 hours, which is the maximum number of countable hours).</p> <p>A linear algorithm will calculate scores for hours falling between the minimum required and the maximum countable.</p>
<p>Hours</p>	
<p>15. Education hours - All universities refer to the number of hours for a course as being 3 credit hours - is this the same way that CRPO is meaning?</p>	<p>Usually a 3 credit course at a university is comparable to 25-30 hours.</p>
<p>16. As an Ontario college counsellor, our role includes academic, personal and career counselling. Do all these hours count toward the 800 hours of Clinical Experience? (Or only the personal counselling hours?)</p>	<p>The Grandparenting requirements state that 800 direct client contact hours are required. They do not specify any specific modality or type of counselling.</p> <p>There is also a requirement for currency hours.</p> <p>The currency requirement includes direct client contact.</p> <p>The Currency requirement states: 750 currency hours (500 in Canada) during 3 years prior to application, which may include a broad range of professional activities, including direct client contact and related record-keeping, preparation, research, consultation; teaching, supervising, researching, writing, and managing.</p> <p>There is a very helpful chart at the following link.</p> <p>http://www.crpo.ca/wp-content/uploads/2013/09/SUMMARY-TABLE-Registration-Reg-TC-Psychotherapists-Sept-513.pdf</p>
<p>17. Are the currency hours in addition to the 800 direct client hours? Or can the currency hours be part of the 800 client hours?</p>	<p>It is important to differentiate between the terms “direct client contact” and “currency hours.”</p> <p>The currency requirement includes direct client contact.</p>

For grandparenting, the Currency requirement states: 750 currency hours (500 in Canada) during 3 years prior to application, which may include a broad range of professional activities, **including direct client contact** and related record-keeping, preparation, research, consultation; teaching, supervising, researching, writing, and managing.

There is a very helpful chart at the following link.

<http://www.crpo.ca/wp-content/uploads/2013/09/SUMMARY-TABLE-Registration-Reg-TC-Psychotherapists-Sept-513.pdf>

Direct Client Contact is any activity in which the client and the therapist are directly and formally engaged in the psychotherapeutic process. Ordinarily, this process occurs face-to-face, but other forms of direct contact, for example, using telephone, Skype, video-link, or even email (with appropriate considerations for privacy and confidentiality) are relevant. The client may be an individual, couple, family or group.

Also included in direct client contact are:

- interviewing for intake, as long as this activity is clinical in nature and then used to determine the nature and course of the therapy
- interviewing, administering a test or conducting a formal assessment as part of a clinical interaction with the client
- facilitating or actively co-facilitating therapeutic sessions
- participating in case conferences with the client present

The following are not considered direct client contact:

- observing therapy without actively participating or providing follow-up to the client immediately after the observed session
- record-keeping
- administrative activities, including report-writing
- conducting a psychometric assessment that primarily involves administering, scoring and report-writing, with little or no clinical interaction with the client
- providing or receiving clinical or other forms of supervision.

	<p>Please note: for counting Direct Client Contact hours, a standard 45 or 50 minute appointment qualifies as one hour of DCC.</p>
<p>18. How will grandfathering and/or regular registration hours work in the case of psychotherapy doctoral students from a non-psychology background. Will hours obtained in our masters count? Note there is an unavoidable time gap where we could not practice psychotherapy when doing courses. Not recognizing these hours (whether for RP) creates a disincentive for further study.</p> <p>In identifying requirements for getting required hours within a certain period, have you considered that it can take years to get a full time position as a psychotherapist given that many people work their way in with p/t hours? How will you address these realities of the job market?</p>	<p>Qualifying registration is available to those in the process of qualifying to become a Registered Psychotherapist, who have completed a recognized education/ training program (or equivalent) in psychotherapy, and have substantially completed the full registration requirements but may need:</p> <ul style="list-style-type: none"> • additional direct client contact hours, or • additional clinical supervision hours, or • additional (limited) education/ training, <p>and who wish to practise with clinical supervision, while working to meet the full requirements.</p> <p>A non-exemptible registration requirement implies that no exceptions will be made in those cases where these requirements have not been fully met.</p> <p>An applicant who meets the requirements for registration in the Qualifying category may work with clinical supervision to acquire the ‘in Canada’ hours within the two year grandparenting period, and may then choose to apply for a certificate of registration as an RP via the grandparenting route. In this context, currency hours include direct client contact, record-keeping, preparation, research, consultation and professional development in relation to direct client contact. They also include teaching, supervising, conducting research, or writing in the field of psychotherapy, managing, consulting or other professional activities that impact the practice of psychotherapy.</p> <p>You may only hold qualifying status for 5 years.</p>
<p>19. I'm confused about the required number of direct client hours as well as the clinical supervision hours. Is it 450 or 800 direct client hours? And is it 40 or 100 hours of supervision? for grandparenting</p>	<p>There are two routes to registration: Grandparenting and the Regular route.</p> <p>Grandparenting is only available for two years after proclamation and only to current, experienced practitioners.</p> <p>Grandparenting</p> <ul style="list-style-type: none"> • Minimum Direct client contact hours required is 800. • 40 hours supervision, including minimum of 20 hours clinical supervision. <p>Definition of Clinical Supervision: a contractual relationship in which a clinical supervisor engages with a</p>

	<p>supervisee to discuss the direction of therapy and the therapeutic relationship; promote the professional growth of the supervisee; enhance the supervisee's safe and effective use of self in the therapeutic relationship; and safeguard the welfare of the client. Clinical supervision may be individual, dyadic or group, defined as follows:</p> <p>Individual: one clinical supervisor to one supervisee</p> <p>Dyadic: one clinical supervisor to two supervisees</p> <p>Group: normally, one clinical supervisor to no more than eight supervisees; for grandparenting purposes only, up to 12 supervisees per clinical supervisor (some flexibility).</p> <p>Structured Peer Group Supervision qualifies as group clinical supervision if it is a formal and structured process and includes at least one group member who meets the College's definition of Clinical Supervisor (prior to proclamation, this is a practitioner who has extensive clinical experience, generally five years or more, in the practice of psychotherapy).</p> <p>Regular Applicants: 50 per cent of clinical supervision hours must be individual or dyadic; 50 per cent may be group supervision, including Structured Peer Group Supervision.</p> <p>Grandparenting Applicants: All 20 hours of required clinical supervision can be group supervision, including Structured Peer Group Supervision; other allowable supervision includes facilitated team meetings/conferences to discuss client clinical issues (peer consultation does not qualify).</p> <p>The 450 hours is in reference to requirements for the Regular route.</p>
<p>20. Can supervision delivered via e-mail be counted towards the clinical supervision requirement? How would we translate e-mail based supervision into 'hours'?</p>	<p>Possibly, in exceptional circumstances supervision by email might count but it cannot replace a real time relationship with a clinical supervisor, which need not be face to face. It might be considered in an emergency situation.</p>
<p>21. How is group psychotherapy work calculated, when there may be 4-6 participants, but the group runs for 1 hour?</p>	<p>A group is considered a client. One hour of work with a group counts as one hour.</p> <p>Direct Client Contact is any activity in which the client and the therapist are directly and formally engaged in the psychotherapeutic process. Ordinarily, this process occurs face-to-face, but other forms of direct contact, for example, using telephone, Skype, video-link, or even email (with</p>

	<p>appropriate considerations for privacy and confidentiality) are relevant. The client may be an individual, couple, family or group.</p> <p>Also included in direct client contact are:</p> <ul style="list-style-type: none"> • interviewing for intake, as long as this activity is clinical in nature and then used to determine the nature and course of the therapy • interviewing, administering a test or conducting a formal assessment as part of a clinical interaction with the client • facilitating or actively co-facilitating therapeutic sessions • participating in case conferences with the client present <p>The following are not considered direct client contact:</p> <ul style="list-style-type: none"> • observing therapy without actively participating or providing follow-up to the client immediately after the observed session • record-keeping • administrative activities, including report-writing • conducting a psychometric assessment that primarily involves administering, scoring and report-writing, with little or no clinical interaction with the client • providing or receiving clinical or other forms of supervision. <p>Please note: for counting Direct Client Contact hours, a standard 45 or 50 minute appointment qualifies as one hour of DCC.</p>
<p>22. Can our hours and training be recognised by presenting the certificate of membership with an Association? Example, American Association of Marriage and Family Therapists?</p>	<p>All applicants to the CRPO must apply individually. There will be no special consideration given to any member of any association in Ontario who has a credential given by that Association or who has membership in a particular association.</p> <p>However, you must keep a portfolio of evidence to support your application. Therefore, if you membership or certification with another association is proof that you have fulfilled certain requirements it would be prudent to keep a copy of your membership registration and the description of what that membership criteria means in your portfolio.</p>
<p>23. My understanding is that vocational assessment and career counselling is generally outside of the</p>	<p>The College is regulating the title of Registered Psychotherapy and the Controlled Act of Psychotherapy regulates the scope of practice. Many practitioners may call themselves counsellors but they may actually be practicing</p>

<p>scope of the controlled act of psychotherapy.</p> <p>Are there any circumstances under which these activities can be used as qualifying hours under the grandparenting option?</p>	<p>within the scope of practice defined for Psychotherapy. Therefore, what you do is more important than what you call yourself in answering this question.</p> <p>To qualify for grandparenting, a practitioner must have 800 hours of direct client contact in which the client and the therapist are directly and formally engaged in the psychotherapeutic process.</p> <p>Scope of Practice of Psychotherapy</p> <p>The practice of psychotherapy is the assessment and treatment of cognitive, emotional or behavioural disturbances by psychotherapeutic means, delivered through a therapeutic relationship based primarily on verbal or non-verbal communication.</p> <p>Some clients do not fall within this definition. It will be up to each individual therapist to determine the characteristics of their clients.</p> <p>The Grandparenting Option does not specify the type of treatment or modality used by an applicant. The requirement states 800 direct client contact hours.</p> <p>There is also a currency requirement.</p> <p>Currency requirement: 750 currency hours (500 in Canada) during 3 years prior to application, which may include a broad range of professional activities, including direct client contact and related record-keeping, preparation, research, consultation; teaching, supervising, researching, writing, and managing.</p>
<p>24. Does Career Counselling factor into the Grandparenting process? To elaborate - career counselling as direct client contact.</p>	<p>The Grandparenting Option does not specify the type of treatment or modality used by an applicant. The requirement states 800 direct client contact hours.</p> <p>See question 23.</p>
<p>25. Regarding Currency, please define "consulting".</p>	<p>Consulting may include such activities as meeting with legal counsel to discuss ethical guidelines for releasing client information, consulting with another healthcare provider regarding options available for a client.</p>
<p>26. As a counsellor in a university environment we see clients for many different concerns, such as academic stress, anxiety, depression, career direction anxiety, relationship issues etc. Would time spent with clients for all these different concerns be</p>	<p>If you consider some of what you do in your role as a counsellor to be psychotherapy you may wish to consider becoming registered.</p> <p>To qualify for grandparenting, a practitioner must have 800 hours of direct client contact in which the client and the</p>

<p>considered acceptable direct client contact hours?</p>	<p>therapist are directly and formally engaged in the psychotherapeutic process.</p>
<p>Regular Registration vs Grandparenting</p>	
<p>27. Please provide details on the Registration Examination for those choosing regular "non-Grandparenting" route. How long is the exam, degree of difficulty, written, in person, etc.</p>	<p>The Registration Examination is competency based, simulation style and computer-based. The difficulty level is at the entry-to-practice level as determined by the Entry-to-Practice Competency profile. The exam is written at proctored test centres across Canada, and has a time limit of 3 hours.</p>
<p>28. I am confused - if I register via the regular route am I exempt from taking the registration exam if I meet the criteria for grandparenting within the 2 year window?</p>	<p>Yes. You may register via the regular route, which would offer you an RP (Qualifying) certificate and you can work while engaged in clinical supervision to accumulate additional hours for registration.</p> <p>If you do not meet the requirements (e.g. you do not have 800 hours of direct client contact) you will be advised to apply through the Regular route. You may be given Qualifying status.</p> <p>If you complete the requirements you were missing for grandparenting, you can then apply again through the Grandparenting route if that route is still available (only available for two years post-proclamation), thereby avoiding the registration exam.</p> <p>Qualifying status can only be held for 5 years.</p>
<p>29. Wondering about qualifying + grandparenting. apply via grandparent and CRPO tells you qualifying, or, apply qualifying and then grandparenting?</p>	<p>See question number 28.</p> <p>You may try to register via the Grandparenting route or the regular route.</p> <p>If you apply for grandparenting, and if you do not meet the requirements (e.g. you do not have 800 hours of direct client contact) you will be advised to apply through the Regular route. You may be given Qualifying status.</p> <p>If you complete the requirements you were missing for grandparenting, you can then apply again through the Grandparenting route if that route is still available (only available for two years post-proclamation).</p> <p>Qualifying status can only be held for 5 years.</p>
<p>30. What will be included in the disclosures?</p>	<p>The online system will ask you to respond to some questions. These questions will be related to any criminal convictions you may have and any disciplinary actions that</p>

may have occurred in relation to an association or another regulatory body.

You must reply truthfully to these questions. Your answers will be reviewed. Admission of these events does not imply that you will not be registered.

However, if you do not answer truthfully, and at a later time it is learned that you made a false declaration you will have committed a federal offense and you could lose your registration and potentially be prosecuted.

The Jurisprudence document has additional information on this topic. This handbook is located at

<http://www.crpo.ca/wp-content/uploads/2013/10/Professional-Practice-Jurisprudence-Psychotherapists-Oct-13-FINAL.pdf>

Counselling vs. Psychotherapy Act and Titles

31. I recall that Counselling is exempt from the Act. Can you speak to how counselling is different from psychotherapy from a registration perspective.

The name that you place on your practice is not the relevant issue. You must look at your practice and decide if you fall within the parameters described by the College for mandatory registration.

Counselling and psychotherapy can be highly inter-related. Some people consider them to be synonymous.

If your work falls within the Scope of Practice of Psychotherapy, as defined in the [Psychotherapy Act, 2007](#), and you are not already registered with another regulatory college whose members are authorized to practice psychotherapy, you should consider becoming a member of the new College.

Scope of Practice

The practice of psychotherapy is the assessment and treatment of cognitive, emotional or behavioural disturbances by psychotherapeutic means, delivered through a therapeutic relationship based primarily on verbal or non-verbal communication.

- [Psychotherapy Act, 2007](#), section 3.

If your work involves the Controlled/Authorized Act of Psychotherapy (also defined in the Act), you **must** be registered, or risk practicing in breach of the legislation.

Deciding whether you need to be registered will depend on the nature of your work and whether it involves the controlled/ authorized act of psychotherapy – not on your current title or the sector you work in.

Authorized Act

In the course of engaging in the practice of psychotherapy, a member is authorized, subject to the terms, conditions and limitations imposed on his or her certificate of registration, to treat, by means of psychotherapy technique delivered through a therapeutic relationship, an individual's serious disorder of thought, cognition, mood, emotional regulation, perception or memory that may seriously impair the individual's judgement, insight, behaviour, communication or social functioning.

- [Psychotherapy Act, 2007](#), section 4.

32. If therapists cannot use the title psychotherapist until they are registered, can they use the title counsellor whilst acquiring the Canadian currency hours, if they have been out of the country for a while

Yes, in theory, as long as what they do falls within the scope of practice of psychotherapy but does not fall within the definition of the controlled act.

An applicant must have at least 500 currency hours in Canada within the three year period prior to application. The grandparenting option is intended only for individuals currently practising the profession *in Canada*. **The in Canada definition has been recently expanded:** members of the Canadian Armed Forces, or people working for the Canadian government, Non Governmental Organizations (NGOs), or a Canadian company or charitable organization operating outside of Canada, who are providing psychotherapy **to** Canadians in international settings, can count these hours as '*in Canada*' currency hours.

Those who have practised partly outside Canada can include preparation time occurring in Canada, e.g. recordkeeping, planning, professional development, etc., related to client contact hours outside the country.

Qualifying registration is available to those in the process of qualifying to become a Registered Psychotherapist, who have completed a recognized education/ training program (or equivalent), and have substantially completed the full registration requirements but may need:

- additional direct client contact hours, or
- additional clinical supervision hours, or

	<ul style="list-style-type: none"> • additional (limited) education/ training, <p>and who wish to practise with clinical supervision, while working to meet the full requirements.</p> <p>A non-exemptible registration requirement implies that no exceptions will be made in those cases where these requirements have not been fully met.</p> <p>An applicant who meets the requirements for registration in the Qualifying category may work with clinical supervision to acquire the ‘in Canada’ hours within the two year grandparenting period, and may then choose to apply for a certificate of registration as an RP via the grandparenting route.</p> <p>In this context, currency hours include direct client contact, record-keeping, preparation, research, consultation and professional development in relation to direct client contact. They also include teaching, supervising, conducting research, or writing in the field of psychotherapy, managing, consulting or other professional activities that impact the practice of psychotherapy.</p> <p>Qualifying status can only be held for 5 years.</p>
<p>33. Will the members of other colleges permitted to practice psychotherapy, be able to call themselves 'psychotherapist' or do they have to use a hyphenated title, such as social worker-psychotherapist or occupational therapist-psychotherapist?</p>	<p>Only members of the College of Registered Psychotherapists of Ontario may call themselves Registered Psychotherapists. Members of other Colleges who have been granted the Controlled Act of Psychotherapy must put the designation related to College registration first and Psychotherapist second, the latter if they meet their own college’s requirements established for psychotherapy practice.</p> <p>For example</p> <p>RN, Psychotherapist</p> <p>RSW, r, Psychotherapist</p>
<p>34. Regarding people who have serious mental health issues, do you include older adults who have dementia? The controlled act of psychotherapy with this population is different due to cognitive impairment.</p>	<p>The Controlled Act of Psychotherapy states:</p> <p><i>In the course of engaging in the practice of psychotherapy, a member is authorized, subject to the terms, conditions and limitations imposed on his or her certificate of registration, to treat, by means of psychotherapy technique delivered through a therapeutic relationship, an individual’s serious disorder of thought, cognition, mood, emotional regulation, perception or memory that may seriously impair the</i></p>

	<p><i>individual's judgement, insight, behaviour, communication or social functioning.</i></p> <p>The definition of serious has not yet been legally determined in Ontario.</p> <p>The Controlled Act specifies the type of conditions treated not the population being treated.</p>
<p>35. Are there requirements to keep the RP status in the future such as continue education hours etc.? Will a person retain membership as long as the individual pays their RENEW / MEMBERSHIP FEE.</p>	<p>A registered member must meet certain general terms, conditions and limitations; for example, all members must report criminal or other offences, as well as disciplinary findings, and loss of professional liability insurance coverage. Members must also complete the annual renewal form and pay annual membership fees and maintain professional liability insurance.</p> <p>A Quality Assurance Regulation has been developed to allow the college to develop a program for its members that require continued competency through ongoing professional development. Details may be found at this link.</p> <p>https://www.e-laws.gov.on.ca/html/reg/english/elaws_regs_130034_e.htm</p> <p>All members must participate in this QA program.</p>
<p>Other</p>	
<p>36. I am already a member of the College of Social Workers. Is there any advantage to registering at CRPO as well?</p>	<p>The College of Social Workers has been granted the Controlled Act of Psychotherapy. The College of Social Workers will have developed its own criteria for social workers who also provide psychotherapy/counselling services.</p> <p>If you are a Social Worker who wishes to use the title Psychotherapist you must put your primary registration first. So you will need to present yourself as a Social Worker Psychotherapist.</p> <p>Only registered members of CRPO may call themselves Registered Psychotherapists. Some practitioners may view access to the "Registered" title versus just the Psychotherapist title as an advantage. However, registration with two colleges would mean double application and renewal fees, the likelihood of differing requirements for professional liability insurance, being subject to two Quality Assurance (ongoing professional development to support ongoing competence).</p> <p>It is up to each individual to determine which College best suits their needs.</p>

37. Will notification be sent out regarding when the pre-registration process has opened?	Yes, CCPA is closely monitoring the announcements made by the transitional Council. When there is additional information that CCPA members should be aware of CCPA will send out an email notification. In the meantime, prospective applicants should consider establishing an account with the College and completing the Jurisprudence module.
38. How will the CRPO determine who has to take a test?	A series of questions to determine language fluency will be asked. If the applicant's first language is not English or French, he/she has not studied or provided services in those languages or successfully completed a Bridging Program (this is for international applicants), then a language test and minimum score is required.
39. Can you tell me more about this letter of verification? What is expected?	<p>The College will create a template letter for an applicant to have completed by an employer, clinical supervisor or professional colleague verifying she/he has been practicing psychotherapy.</p> <p>It is not about quality of service, only a confirmation of practice.</p>

